

Within the recent decades, man's lifestyle has been totally changed into a less having time, since they are busy at work, which in turn, gives rise to the stark fact of consumerism. The way materials are used ends up in throwing more trash away.

The consumption pattern dealing with different aspects of life related to cuisine and clothing could increase the amount of trash production. Having short time to spend in the kitchen, citizens are seemingly more swayed by using precooked food, thus contributing to producing more trash. Moreover, no sooner does keeping up with the world of fashion fill the closets with shirts and dresses that not only were they not worn a day, but there would also be a feeble possibility for them to be used in future. Ultimately, useless items would find their ways in trash cans which ends up in landfills, unaware that resources are becoming depleted and several acres of lands are virtually rendered useless.

Seeking out a solution to rescue our planet from disposals, individuals are to be exposed to a sustainable lifestyle. Undoubtedly, all would share the idea that recycling and reusing would ameliorate the situation as would reducing. Therefore, on the one hand, people would better consciously ask themselves whether they need the product which they are purchasing or no, then step into stores and add it up the in their shopping bags. On the other hand, the idea of donation would help where it is said the man's trash is anotherman's need.

Overall, in order to lessen the production of disposals, every member of society has to shoulder a decent way of living which sustains our environments as well as resources.